



Dipl.Phys. Muhab Oweis

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Languages: German / English / Arabic **Date of birth:** 23.09.1991

Profile

Dedicated Senior-Physiotherapist and Osteopath with over 8 years of experience in elite sports, focusing on manual therapy and osteopathy. Specialized in performance diagnostics and rehabilitation, which helps professional athletes recover faster and prevent injuries. Proficient in tailored treatment plans and injury prevention strategies, offering a unique blend of clinical skills and technical knowledge to enhance athletic performance.

Work Experience

08/2022 – 01/2025

Professional Leader & Physiotherapist MyPhysio GmbH

- Led physiotherapy services for
- Bayer Leverkusen / First Football League
- German Judo National Team
- Implemented neurotherapy and cupping techniques for chronic pain management
- Utilized AlterG anti-gravity treadmill for optimized rehabilitation
- Conducted performance diagnostics including endurance/strength testing

01/2018 – 05/2021

Head of Physiotherapy Viktoria Cologne / Football - Bundesliga

- Co-founded DFB-certified Youth Performance Center (NLZ)
- Developed training concepts with coaches and athletic directors
- Implemented injury prevention programs for youth and professional players

01/2018 – 01/2021

Professional Leader & Physiotherapist MyPhysio GmbH

- Co-founded and opened new practice location in Mülheim, Cologne
- Led clinical operations and treatment protocols
- Treated professional athletes from Fortuna Köln
- Collaborated with Viktoria Cologne on rehabilitation protocols

01/2021 – 08/2022

Physiotherapy & Manual Therapy Van Dijk/Van den Brekel

- Specialized in Dutch-concept manual therapy techniques
- Increased patient acquisition through social media marketing

01/2015 – 06/2017

Physiotherapist Fortuna Köln / Football - Bundesliga

- Provided on-site medical care for youth academy players
- Implemented injury prevention programs for away matches

Achievements

- Co-founded DFB/FIFA (German Football Association)-certified Youth Performance Center Viktoria Köln
- Opened new practice location in Mülheim, Cologne
- Led clinical operations for 200+ patients annually
- Implemented successful return-to-competition protocols for elite athletes

Netherlands

Pre-Bachelor of Science in Physiotherapy
THIM International University**Certifications**

- Sports Physiotherapy (spt-education, 2019)
- Manual Therapy (MTO-Osteopathy, 2022)
- Manual Lymph Drainage (Lymphologic, 2017)
- Equipment-Assisted Physio. (VDB, 2017)
- Billing of Remedies (2016)
- PhysioMove Movement Training (2018)
- Ergonomics in the Workplace (2017)
- eGym Trainer (2019)
- EMS i-motion Device Instruction (2014)

Skills**- CLINICAL EXPERTISE**

Manual therapy



Osteopathy



Neurotherapy



Cupping



Kinesio taping



Dry needling



Performance diagnostics



Injury prevention

**- TECHNICAL SKILLS**

AlterG treadmill



Medical devices



Office 365

**- LANGUAGES**

German (Native)



English (Native)



Arabic (Native)

